



Retreat Terms & Conditions

Please read this information carefully.

Payment

A £150 deposit will hold your space.

The balance is due 10 weeks before the retreat. If full payment is not received by the due date I reserve the right to cancel the reservation and retain the deposit.

Payments can be made via my Reservie payment platform or by bank transfer. An email confirming the exact amount and how to pay will be sent out when you confirm your room choice.

All payments are non-refundable.

I reserve the right to offer discretionary discounts and this does not affect the status of anyone who has paid the full price.

Cancellation

If you need to cancel, but find someone else to take your space, I'm happy to refund any payments you have made less a 15% admin fee once I have received payment by the new participant in full.

If I am unable to teach a retreat due to unforeseen circumstances, I reserve the right to provide a substitute teacher of my choice. No refunds for payments will be made.

Should I cancel the retreat outright - this is for real emergencies only - I will refund all payments made to me for my teaching. I cannot accept responsibility for any third party costs incurred, including costs to the venue. While I collect your payments and hand them through to the venue, your relationship is with the venue directly.

Your Travel Arrangements

It is your responsibility to organise travel to and from the retreat venue at your own expense and arrive at the retreat venue on time for the start of the retreat. I will advise on suggested travel options specific to this retreat after your booking is confirmed.

Please arrange appropriate travel insurance that covers the activity of this retreat as well as unexpected cancellation, sickness, losses and all the usual risks.

Your Health

It is your responsibility in any yoga session to progress at your own pace and listen to your body. If at any point you feel discomfort or strain, you will let me know and rest.

If you have an injury, mental or physical health conditions (including pregnancy), or dietary requirements, it is your responsibility to make me aware. You must also follow the advice of your doctor or any other health practitioner who may be treating you.

I reserve the right to reject applicants.

Liability

Yoga sessions are undertaken at your own risk.

I cannot be liable or responsible for any injury, medical or psychiatric condition, loss or damages, to person or property, resulting from the taking of a yoga session or coming on retreat.

I cannot accept any liability for cancellations, delays or changes caused by events outside of my control.

Your personal details

The personal details you supply will be stored safely on an encrypted hard-drive or GDPR compliant cloud hosting service. I may share your name and occasionally your phone number with the retreat host if necessary for travel arrangements and room allocation. I will never share any other details with anyone else.

Program Description

You are enrolling in the Joy of Community Yoga & Meditation Retreat. The inclusions of your package are as outlined on the website.

Retreat Schedule

The final retreat schedule will be shared with you upon arrival at the retreat.

Meals

All breakfasts, lunches and dinners are provided as a part of your registration. There will be an opportunity to tell us about any allergies, or dietary requirements when you complete the registration form.

Our Responsibilities

As your Teacher, my role is to:

- ◆ Be on time and prepared for the retreat sessions and classes.
- ◆ Offer support and accountability throughout the retreat.
- ◆ Answer any questions you may have as they arise.
- ◆ Ensure you have all the information you need to make the most of the retreat.
- ◆ Arrange your accommodation, meals and inclusions as outlined on the website.

As the Client, it is your responsibility to:

- ◆ Show up on time at Lower Coxbridge House retreat centre for the commencement of the retreat.
- ◆ Advise me with as much notice as possible if you anticipate any delays.
- ◆ Arrange and pay for your own transport to or from the retreat centre, as well as any transportation you may use during the retreat. Ensure the timings of your transportation do not interfere or disrupt the timings of the retreat.
- ◆ Give 100% of your effort and fully commit to the retreat.
- ◆ Be open to new ideas, even if they challenge your existing beliefs.
- ◆ Promptly provide payment for the retreat.
- ◆ Ask any questions you may have as they arise.
- ◆ Only provide advice to others when asked and respect the processes of other participants.